

Absence Request Form

Athlete Name: _____

Date: _____

Team: _____

Coach: _____

REQUESTING TO BE ABSENT: (Form must be turned in 14 days prior to absence)

Begin Date: _____

End Date: _____

REASON

Absences are excused/unexcused as follows:

Excused Absences:

Contagious Illness
School function that affects grade
Death in the family
Vacation during the summer

Unexcused Absences:

Injuries
Traffic
Too much homework
Feeling tired
Don't have a ride
Rec/School Cheerleading

Excused Absences (w/ 2 week notice):

Religious Observance
School Dance

I am requesting absence from practice for the following reason:

School Activity: _____

Vacation: _____

Other: _____

1. I understand that all-star cheerleading is a team sport and that I have committed to being a part of a team.
2. I am aware that my absence can and will impact my entire team's practice. I understand that my stunt and pyramid groups will not be able to practice as a result of my absence.
3. I promise to learn any new or changed choreography prior to my team's next practice.
4. I understand that unapproved absences may jeopardize my position on my team.

X _____
Athlete Signature

X _____
Parent Signature

X _____
Coach Signature

Approved: Yes No

Comments: _____

You will receive a copy of this form back within 3 days letting you know if your time was approved.

NO ABSENCES WILL BE APPROVED DURING THE 2 WEEKS BEFORE ANY COMPETITION!